

SGC Food Service
SARCOXIE HIGH SCHOOL BREAKFAST
APRIL 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/3/2017 WHOLE GRAIN PANCAKE WRAP SYRUP FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Tue - 4/4/2017 BREAKFAST PIZZA FRUIT MILK CEREAL WHOLE GRAIN TOAST OATMEAL	Wed - 4/5/2017 PANCAKES SYRUP BACON FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Thu - 4/6/2017 FRENCH TOAST STICKS SYRUP FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Fri - 4/7/2017 SAUSAGE BISCUIT FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST
Mon - 4/10/2017 WHOLE GRAIN PANCAKE WRAP SYRUP FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Tue - 4/11/2017 BREAKFAST PIZZA FRUIT MILK CEREAL WHOLE GRAIN TOAST OATMEAL	Wed - 4/12/2017 PANCAKES SYRUP BACON FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Thu - 4/13/2017 FRENCH TOAST STICKS SYRUP FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Fri - 4/14/2017 NO SCHOOL TODAY
Mon - 4/17/2017 WHOLE GRAIN PANCAKE WRAP SYRUP FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Tue - 4/18/2017 BREAKFAST PIZZA FRUIT MILK CEREAL WHOLE GRAIN TOAST OATMEAL	Wed - 4/19/2017 PANCAKES SYRUP BACON FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Thu - 4/20/2017 FRENCH TOAST STICKS SYRUP FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Fri - 4/21/2017 SAUSAGE BISCUIT FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

SGC Food Service
SARCOXIE HIGH SCHOOL BREAKFAST
APRIL 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 4/24/2017 WHOLE GRAIN PANCAKE WRAP SYRUP FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Tue - 4/25/2017 BREAKFAST PIZZA FRUIT MILK CEREAL WHOLE GRAIN TOAST OATMEAL	Wed - 4/26/2017 PANCAKES SYRUP BACON FRESH FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Thu - 4/27/2017 FRENCH TOAST STICKS SYRUP FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST	Fri - 4/28/2017 SAUSAGE BISCUIT FRUIT MILK CEREAL OATMEAL WHOLE GRAIN TOAST

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

*Menus are subject to changes

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