

SARCOXIE SCHOOLS LUNCH MENU

Monday	- Oct-15		
	<u>Breakfast</u>	Pancake Sausage on Stick w/ syrup,Fruit, Milk	
	<u>Lunch</u>	Corn Dog or Grilled Chicken on Bun Side Winders	SUPPER Pepperoni Pizza Carrot packs Fruit Cups Milk
		Garden Bar Fruit Bar Chef Salad Bar Milk	
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Tuesday	- Oct-16		MENUS SUBJECT TO CHANGE
	<u>Breakfast:</u>	Breakfast Pizza,Fruit,Milk	
	<u>Lunch:</u>	Crunchy Tacos or Chicken Patty on Bun Brown Beans	SUPPER Bosco Sticks W/ Marinara Fresh Broccoli Fruit Cups Milk
		Garden Bar Fruit Bar Chef Salad Bar Milk	
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Wednesday	- Oct-17		
	<u>Breakfast:</u>	Pancakes w/ syrup,Bacon,Fruit,Milk	
	<u>Lunch:</u>	Ravioli or Cheese Pizza Corn	SUPPER Corndog Carrot Packs Fruit Cups Milk
		Garden Bar Fruit Bar Chef Salad Bar Milk	
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Thursday	- Oct-18		
	<u>Breakfast:</u>	French Toast Sticks,Sausage,Fruit,Milk	
	<u>Lunch:</u>	Chicken Nuggets or Breaded Beef Patty Mashed Potatoes & Gravy Green Beans WG Roll & Jelly Garden Bar --- Fruit Bar Chef Salad Bar Milk	SUPPER Burrito W/ Salsa Fresh Broccoli Fruit Cups Milk
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Friday	- Oct-19		
	<u>Breakfast:</u>	Biscuit & Sausage Gravy,Fruit,Milk	
	<u>Lunch:</u>	Baked Potato or Bosco Stick w/ Marinara Ham & Cheese Broccoli w/ Cheese Chocolate Chip Cookie Garden Bar / Fruit Bar Milk	SUPPER Cheese Pizza Carrot Packs Fruit Cups Milk

*This employer is an equal opportunity provider.

Monday	- Oct-22		
	<u>Breakfast</u>	Pancake Sausage on Stick w/ syrup,Fruit, Milk	
		<u>Lunch</u>	SUPPER
		General Chicken or Hamburger on Bun	Pepperoni Pizza
		Brown Rice	Carrot Packs
		Steamed Broccoli	Fruit Cups
		Garden Bar	Milk
		Fruit Bar ---- Fortune Cookie	
		Chef Salad Bar	
		Milk	
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Tuesday	- Oct-23		MENUS SUBJECT TO CHANGE
	<u>Breakfast:</u>	Breakfast Pizza,Fruit,Milk	
		<u>Lunch:</u>	SUPPER
		Lasagna or Pepperoni Pizza	Bosco Sticks W/ Marinara
		Steamed Peas	Fresh Broccoli
		WG Breadstick	Fruit Cups
		Garden Bar	Milk
		Fruit Bar	
		Chef Salad Bar	
		Milk	
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Wednesday	- Oct-24		
	<u>Breakfast:</u>	Pancakes w/syrup,Bacon,Fruit,Milk	
		<u>Lunch:</u>	SUPPER
		Chicken Wings or BBQ Rib on Bun	Corndog
		Baked Beans	Carrot Packs
		Garden Bar	Fruit Cups
		Fruit Bar	Milk
		Milk	
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Thursday	- Oct-25		
	<u>Breakfast:</u>	French Toast Sticks,Sausage,Milk	
		<u>Lunch:</u>	SUPPER
		Chicken & Noodles or Cheeseburger on Bun	Burrito W/ Salsa
		Mashed Potatoes	Fresh Broccoli
		Green Beans	Fruit Cups
		WG Roll and Jelly	Milk
		Garden Bar	
		Fruit bar	
		Milk	
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Friday	- Oct-26		
	<u>Breakfast:</u>	NO SCHOOL	
		<u>Lunch:</u>	

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Monday - Oct-29
Breakfast: Pancake Sausage on Stick w/syrup,Fruit,Milk SUPPER PROGRAM
Lunch: Cheeseburger on Bun or Hot Dog on Bun Pepperoni Pizza
Roasted Potatoes Carrot Packs
Steamed Carrots Fruit Cups
Garden Bar Milk
Fruit Bar
Chef Salad Bar
Milk

Tuesday - Oct-30 MENUS SUBJECT TO CHANGE
Breakfast: Breakfast Pizza,Fruit,Milk
Lunch: Burritos or Chicken Patty on Bun SUPPER PROGRAM
Corn Bosco Sticks W/ Marinara
Tortilla Chips w/ Salsa Fresh Broccoli
Fruit Cups
Garden Bar -- Fruit bar Milk
Chef Salad Bar
Milk

Wednesday - Oct-31
Breakfast: Pancakes w/ syrup,Bacon,Fruit,Milk
Lunch: Spaghetti w/ Meat Sauce or Bosco Stick w/ Mari SUPPER PROGRAM
Steamed Peas Corndog
Bread & Jelly Carrot Packs
Garden Bar Fruit Cups
Fruit Bar Milk
Chef Salad Bar
Milk

Thursday - Nov-01
Breakfast: French Toast Sticks,Sausage,Fruit,Milk
Lunch: Chicken Patty or Cheeseburger on Bun SUPPER PROGRAM
Mashed Potatoes and Gravy Burrito W/ Salsa
Green Beans Fresh Broccoli
WG Roll & Jelly Fruit Cups
Garden Bar --- Fruit Bar Milk
Chef Salad Bar
Milk

Friday - Nov-02
ELEM : LUNCH
Fish Sticks or Chicken Patty

Breakfast: Biscuit & Sausage Gravy,Fruit,Milk

Macaroni & Cheese
Garden Bar

Lunch: Chicken Alfredo or Cheese Pizza
Steamed Peas
WG Breadstick
Garden Bar
Fruit Bar
Milk

Fruit Bar
Milk
SUPPER PROGRAM
Cheese Pizza
Carrot Packs - Fruit Cups
Milk

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Monday

- Nov-05

Breakfast:

NO SCHOOL

Lunch

SUPPER PROGRAM

Tuesday

- Nov-06

Breakfast:

Breakfast Pizza,Fruit,Milk

MENUS SUBJECT TO CHANGE
SUPPER PROGRAM

Lunch: Tangerine Chicken or Grill Cheese Sandwich
Brown Rice
Oriental Blend
Garden Bar
Fruit Bar --- Fortune Cookie
Chef Salad Bar
Milk

Bosco Sticks W/ Marinara
Fresh Broccoli
Fruit Cups
Milk

Wednesday

- Nov-07

Breakfast:

Pancakes w/ syrup,Bacon,Fruit,Milk

Lunch: Baked Ham or BBQ Rib on Bun
Scalloped Potatoes
Steamed Peas
Garden Bar
Fruit Bar
Chef Salad Bar
Milk

SUPPER PROGRAM
Corndog
Carrot Packs
Fruit Cups
Milk

Thursday

- Nov-08

Breakfast:

French Toast Sticks,Sausage,Fruit,Milk

Lunch: Pork Chopette or Chicken Patty
Mashed Potatoes and Gravy
Green Beans
WG Roll & Jelly
Garden Bar --- Fruit Bar

SUPPER PROGRAM
Burrito W/ Salsa
Fresh Broccoli
Fruit Cups
Milk

Chef Salad Bar
Milk

Friday

- Nov-09

Breakfast: Biscuit & Sausage Gravy, Fruit, Milk

Lunch: Chicken Wrap or Pepperoni Pizza
Spanish Rice
Steamed Carrots
Garden Bar
Fruit Bar
Milk

SUPPER PROGRAM

Cheese Pizza
Carrot Packs
Fruit Cups
Milk

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Monday

- Nov-12

Breakfast Pancake Sausage on Stick w/ syrup, Fruit, Milk

Lunch Corn Dog or Grilled Chicken on Bun
Side Winders

Garden Bar
Fruit Bar
Chef Salad Bar
Milk

SUPPER
Pepperoni Pizza
Carrot packs
Fruit Cups
Milk

Tuesday

- Nov-13

Breakfast: Breakfast Pizza, Fruit, Milk

Lunch: Crunchy Tacos or Chicken Patty on Bun
Brown Beans

Garden Bar
Fruit Bar
Chef Salad Bar
Milk

MENUS SUBJECT TO CHANGE

SUPPER
Bosco Sticks W/ Marinara
Fresh Broccoli
Fruit Cups
Milk

Wednesday

- Nov-14

Breakfast: Pancakes w/ syrup, Bacon, Fruit, Milk

Lunch: Ravioli or Cheese Pizza
Corn

Garden Bar
Fruit Bar
Chef Salad Bar
Milk

SUPPER
Corndog
Carrot Packs
Fruit Cups
Milk

Thursday

- Nov-15

Breakfast: French Toast Sticks, Sausage, Fruit, Milk

Lunch: Roast Turkey or Breaded Beef Patty

SUPPER

Mashed Potatoes & Gravy
Green Beans
WG Roll & Jelly
Garden Bar --- Fruit Bar
Chef Salad Bar
Milk

Burrito W/ Salsa
Fresh Broccoli
Fruit Cups
Milk

Friday

- Nov-16

Breakfast: Biscuit & Sausage Gravy,Fruit,Milk

Lunch: Baked Potato or Bosco Stick w/ Marinara
Ham & Cheese
Broccoli w/ Cheese
Chocolate Chip Cookie
Garden Bar / Fruit Bar
Milk

SUPPER
Cheese Pizza
Carrot Packs
Fruit Cups
Milk

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Monday

- Nov-19

Breakfast Pancake Sausage on Stick w/ syrup,Fruit, Milk

Lunch Chicken Wings or BBQ Rib on Bun
Baked Beans

Garden Bar
Fruit Bar
Chef Salad Bar
Milk

SUPPER
Pepperoni Pizza
Carrot Packs
Fruit Cups
Milk

Tuesday

- Nov-20

Breakfast: Breakfast Pizza,Fruit,Milk

Lunch: Lasagna or Pepperoni Pizza
Steamed Peas
WG Breadstick
Garden Bar
Fruit Bar
Chef Salad Bar
Milk

MENUS SUBJECT TO CHANGE

SUPPER
Bosco Sticks W/ Marinara
Fresh Broccoli
Fruit Cups
Milk

Wednesday - Nov-21

Breakfast: NO SCHOOL

Lunch:

SUPPER

Thursday

- Nov-22

Breakfast: NO SCHOOL

Lunch:

SUPPER

Friday

- Nov-23

Breakfast: NO SCHOOL

Lunch:

SUPPER

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